



100
elements

MENU #2 – GASTRO PUB

Maple-Roasted Celeriac and Parsnip Soup (Gluten Friendly) - \$8

Pickled apples, parmesan crisp

Shrimp & Vegetable Kakiage Tempura - \$8.25

Bang, bang sauce and lemon

Warm Goats' Cheese Beignets - \$7

Arugula, sesame dressing

Crispy Pork Belly - \$15

Guinness BBQ glaze, crispy potato cake

Steak & Ale Pie - \$20

Traditional steak and ale pie served in a hot water pastry

Pan-seared Halibut (Gluten Friendly) - \$20

Smashed peas, chunky chips, warm tartar sauce

Eggs Benedict Royale - \$17

Pastrami smoked salmon, avocado, brown butter hollandaise

Miso Glazed Portobello Mushroom & Halloumi Burger (Vegetarian) - \$16

Grilled portobello mushroom, grilled halloumi, brioche bun

Banana Bread - \$8

Brûlée banana, roasted banana ice cream

Lemon-Mascarpone Fondant - \$7

Crème anglaise

Apple Crumble Tartlet - \$8.50

Maple vanilla cream

OUR STORY

100 Elements was born out of a desire to serve the best regional foods, Canadian wines and beers, and seasonal fare. We believe food is more than just a meal... it is a culinary experience. Share your comments and rate us on Trip Advisor.

